

## CRH Hemorrhoid Treatment

### What to Expect With Hemorrhoid Banding:

In general, hemorrhoid banding is a quick, safe, and simple procedure that rarely causes serious complications. You can expect to recover quickly from hemorrhoid banding and continue with your usual routine. Using the CRH O'Regan system, **you can return to work immediately after the procedure** as long as your job does not involve strenuous activity. The CRH O'Regan System does not require preparation or sedation and takes very little time.

The CRH O'Regan treatment method may require 2 to 4 treatments.

### Is Hemorrhoid Banding Painful?

During hemorrhoid banding, your doctor will place the band above the dentate line where there are no pain-sensing nerves, so the procedure itself is painless.

### What Are the Side Effects of Hemorrhoid Banding?

After hemorrhoid banding using the CRH O'Regan method, you might experience a dull ache or feeling of fullness in the rectum during the first 24 hours after the procedure. Usually, over-the-counter medications such as acetaminophen or ibuprofen relieve these symptoms. You may also experience slight bleeding with bowel movements when the hemorrhoid falls off and a few days after it leaves your body. Since your doctor will only place one band at a time, other side effects are extremely rare. Less than 1% of patients report significant bleeding, severe pain, or urine hesitancy.

After a CRH O'Regan procedure, you will only need to avoid strenuous activities and heavy lifting the day of your treatment, and you can go back to your usual activities the next day. If you wish, you can soak in a warm bath with a tablespoon of salt to gently clean the anal opening as you heal.

### Can You Drive After Hemorrhoid Banding?

Yes, you can drive after hemorrhoid banding treatment. As mentioned, the procedure does not require sedation, so there is no need to ask someone to drive you home from the doctor's office.

You are scheduled with Dr. \_\_\_\_\_

Report at \_\_\_\_\_ on \_\_\_\_\_ to:

\_\_\_\_\_ Boise Clinic, 425 West Bannock Street, Boise

\_\_\_\_\_ Meridian Clinic, 2235 East Gala Street, Meridian

\_\_\_\_\_ Nampa Clinic, 1200 Garrity Blvd., Nampa